

Reference No.																			
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SELF-ASSESSMENT GUIDE

Qualification	BARANGAY HEALTH SERVICES NC II																	
Units of Competency Covered	<ul style="list-style-type: none"> Assist the household to identify health problems to promote health and well-being Share knowledge and skills among members to provide information, education and communication (IEC) and/or household teaching in disease prevention and control Ensure the proper maintenance of health station and safe custody of its equipment, medical supplies, materials, and health records Monitor health status of household members under his/her area of service coverage Maintain updated list/records of health activities 																	
Instruction:																		
<ul style="list-style-type: none"> Read each question and check the appropriate column to indicate your answer. 																		
Can I?																	YES	NO
ASSIST THE HOUSEHOLD TO IDENTIFY HEALTH PROBLEMS TO PROMOTE HEALTH AND WELL-BEING																		
<ul style="list-style-type: none"> Facilitate individuals' understanding of health services provided by agencies through use of appropriate interpersonal communication skills* 																		
<ul style="list-style-type: none"> Communicate the culture, practices/beliefs, needs, issues, feedbacks of individuals/community to service providers * 																		
<ul style="list-style-type: none"> Identify support needed by individuals to access health services 																		
<ul style="list-style-type: none"> Identify aftercare/follow-up support needed by individuals * 																		
<ul style="list-style-type: none"> Document health activities and related information 																		
<ul style="list-style-type: none"> Identify advice or health intervention to individual/family/household based on a given scenario 																		
<ul style="list-style-type: none"> Give advice to seek consultation or referral to rural health units, based on identified health symptoms * 																		
<ul style="list-style-type: none"> Provide culturally sensitive inputs/information as guidance in health planning/intervention, following standard operating procedure * 																		
SHARE KNOWLEDGE AND SKILLS AMONG MEMBERS TO PROVIDE INFORMATION, EDUCATION AND COMMUNICATION (IEC) AND/OR HOUSEHOLD TEACHING IN DISEASE PREVENTION AND CONTROL																		
<ul style="list-style-type: none"> Identify community beneficiaries of health programs and services * 																		
<ul style="list-style-type: none"> Discuss how to organize network or linkages of beneficiaries to health programs/services 																		
<ul style="list-style-type: none"> Discuss how to establish community relationship in accordance with Department of Health's objectives 																		
<ul style="list-style-type: none"> Demonstrate how to share knowledge or updates to fellow Barangay Health workers to provide updates on health programs/projects 																		

<ul style="list-style-type: none"> • Present information on DOH programs, policies, infection control measures and practices through the guidance of rural health midwife and/or nurse * 		
<ul style="list-style-type: none"> • Observe culturally sensitive health strategies according to the needs of the individual/family/household * 		
<ul style="list-style-type: none"> • Gather feedback on needed improvement for promotional activities * 		
ENSURE SAFE KEEPING OF EQUIPMENT, MEDICAL SUPPLIES, MATERIALS AND HALTH RECORDS IN HEALTH STATION		
<ul style="list-style-type: none"> • Demonstrate physical inventory of equipment and medical supplies 		
<ul style="list-style-type: none"> • Practice proper storage of equipment and medical supplies in designated place * 		
<ul style="list-style-type: none"> • Demonstrate the maintenance of cleanliness and orderliness of barangay health center catchment area 		
<ul style="list-style-type: none"> • Orient fellow health workers on proper use and storage of equipment 		
<ul style="list-style-type: none"> • Practice proper filing of records for accessibility and completeness * 		
<ul style="list-style-type: none"> • Practice proper disposal of damaged records according to protocol of record management systems * 		
MONITOR HEALTH STATUS OF HOUSEHOLD MEMBERS UNDER HIS/HER AREA OF SERVICE COVERAGE		
<ul style="list-style-type: none"> • Identify the priority individual/family/household for consultation 		
<ul style="list-style-type: none"> • Get health data information through interview, including vital signs and anthropometric measurements of individual/family/household * 		
<ul style="list-style-type: none"> • Identify health and health-related information that need to be monitored* 		
<ul style="list-style-type: none"> • Identify health facilities where symptomatic/asymptomatic individuals may be referred to * 		
<ul style="list-style-type: none"> • Identify necessary medical documents/records required by health facilities 		
MAINTAIN UPDATED LIST/RECORDS OF HEALTH ACTIVITIES		
<ul style="list-style-type: none"> • Record and sort the socio-demographic data and health condition of individual/family/household based on standard protocol * 		
<ul style="list-style-type: none"> • Fill-up applicable/standard forms to report collected data * 		
<ul style="list-style-type: none"> • Identify specific cases that need to be reported to supervisor 		
<ul style="list-style-type: none"> • Fill-up applicable/standard forms to report specific cases for the supervisor 		
OBSERVES WORK ENVIRONMENT, HEALTH AND SAFETY PRACTICES		
<ul style="list-style-type: none"> • Explain health hazards and risks to individuals from the environment 		
<ul style="list-style-type: none"> • Provide information on preventive health measures needed 		
<ul style="list-style-type: none"> • Observe health and safety practices in performing tasks * 		
IMPLEMENT AND MONITOR INFECTION CONTROL POLICIES AND PROCEDURES		
<ul style="list-style-type: none"> • Practice proper disposal of medical wastes according to standard protocol 		

• Explain infection risks and health hazards that need to be reported *		
RESPOND EFFECTIVELY TO DIFFICULT/ CHALLENGING BEHAVIOR		
• Identify instances of difficult or challenging behavior of clients		
• Identify appropriate strategies to deal with difficult or challenging behavior of clients *		
• Report incidents according to proper protocol		
APPLY BASIC FIRST AID		
• Provide initial response where first aid is required *		
I agree to undertake assessment with the knowledge that information gathered will only be used for professional development purposes and can only be accessed by concerned assessment personnel and my manager/supervisor.		
Candidate's Name and Signature		Date